

Eco-Gardens CSA

Growing Happy Vegetables for Healthy Families!



Community Supported Agriculture

CSA gives city dwellers the opportunity to form a direct personal relationship with a local farm. CSA members sign up and pay during the winter, making a commitment to cover the costs of operating the farm. In return, during the growing season, members receive weekly deliveries containing a variety of seasonal vegetables, berries, and melons. Farm visits provide members the opportunity to meet the farmers and see where your food is grown.

Fresh, Local, Chemical-Free Produce!

Eco-Gardens is a family farm in Southern KY owned by Andrew and Reuben Habegger. We are small farm farmers and use only horsepower to till the soil. We believe it is our responsibility to care for God's creation and have come to believe we can best serve our Lord as farmers by growing free of all man-made chemicals. We were certified organic for 3 years. With the consent of CSA members, we dropped the USDA organic certification. Although we dropped the certification, we continue to abide by organic standards and continue to apply methods we learn that exceed organic standards. All your veggies will be grown free of synthetic fertilizers, pesticides, fungicides, etc. We continue to use organic potting soil and organic seeds when commercially available and untreated seeds whenever organic seeds are unavailable. We believe that healthy food comes from healthy soil and eating healthy food makes healthy people. We discuss our farming methods in weekly newsletters and welcome questions from CSA members.

28 Week Season

Harvest should begin late April or early May and continue for 28 consecutive weeks.

One share = 3/8 bushel or more

Members purchasing one share should receive a minimum of 3/8 bushel each week but may often receive more. (Same volume as 2009.) 3/8 bushel is equal in volume to 3 gallons. (Picture 3 empty gallon jugs, and imagine how much space that takes up.) Share size will vary each week according to how the vegetables are ripening. This is the nature of gardening and of a CSA! In the spring, when leafy greens are abundant, the share will be light in weight but take up more space. In the summer, when dense varieties are in season, like cucumbers, tomatoes, and summer squash, the share will weigh more but take up less space. For those large families who need more, a 2nd share is available at a discounted rate. We ask that when the discount for the 2nd share is taken one person picks up both shares and all checks come from the person signing up.

Pack Your Own: At pick up, there will be signs telling how much of each variety to take. Members pack their shares following these guidelines. Each share is the same. We will set up a Swap station. After you have packed your share, if you see an item in the Swap area that you can use more than an item in your share, you can exchange one for the other. The Swap helps personalize the shares. Members must arrive in time to have their shares packed before the end time.

No vacations: Members who will be unable to pick up their own shares are welcome to send friends to pick up in their place. Unclaimed produce will be donated.

Two Convenient Nashville Locations!

Tuesdays 4 to 6 pm (Ask in advance about late pick ups.)

Crievewood Baptist Church

480 Hogan Road, 37220

Lisa Cochran 331-0104

eco-gardenscsa@bellsouth.net

Thursdays 3:30 to 6 pm

Christ the King Catholic Church

3001 Belmont Boulevard, 37212

Katie Spears 525-5267

Endlesswellness@gmail.com

Pricing Options 2010 Spring – Fall:

For those who are able, a one-time lump sum payment in full is appreciated. It sure simplifies matters! For this reason we are offering a discount to those who pay up front. Also, it is truly, truly helpful if you sign up early, please! As an incentive to encourage folks to sign up early, we are offering a discount to all who sign up before March 12. Please sign-up Now if you can!

For those large families who need more, a 2nd share is available at a discounted rate of \$400. We ask that one person picks up both shares and all checks come from the person signing up.

Single Share Pricing

If paid in full before March 12: \$425 (After March 12: \$450)

Single Share Payment Plan

Deposit + 4 Payments of \$100 due April 1, May 1, June 1, July 1

If submitted before March 12 Deposit=\$50 (Deposit=\$75 if submitted after March 12)

Double Share Pricing

If paid in full before March 12: \$825 (After March 12: \$850)

Double Share Payment Plan

Deposit + 7 Payments of \$100 due April 1, May 1, June 1, July 1, Aug 1, Sept 1, Oct 1

If submitted before March 12 Deposit=\$150 (Deposit=\$175 if submitted after March 12)

Important: You will be assigned an account #. For all subsequent payments or inquiries about your financial account, we ask that you write your account # on each payment or letter. To simplify record keeping it is helpful if the name on the Sign up Form and on the check match.

We look forward to growing for you and seeing you in the spring!

SIGN UP FORM --- Please Print

Mail Sign up Form and all payments to 149 Strawberry Lane, Scottsville, KY 42164

Name _____ E-mail _____

Address _____

Phone (Home) _____ (Work) _____ (Cell) _____

Choose # of Shares: Single Double **Payment Enclosed:** _____
(family discount) (payable to Eco-Gardens CSA)

Choose One Location: Crieve Hall - 480 Hogan Road, 37220 3001 Belmont Boulevard, 37212

CSA Agreement: Community Supported Agriculture (CSA) is a partnership of mutual commitment between a farm and a community of supporters which provides a direct link between the production and consumption of food. Supporters cover a farm's yearly operating budget by purchasing a share of the season's harvest. CSA members make a commitment to support the farm throughout the season and assume the costs, risks, and bounty of growing food. The share price helps cover the farm's operating cost. In return, the farm provides, to the best of its ability, a healthy supply of seasonal, fresh produce throughout the growing season. Becoming a member creates a responsible relationship between people and the food they eat, the land on which it is grown, and those who grow it. If a member chooses to drop out, a \$50 fee will be assessed, as the farmers will have already incurred all the costs involved in growing the member's produce.

Your signature indicates that you have read and will abide by the CSA Agreement.

Signature _____

Make check or money order payable to Eco-Gardens CSA.

Mail Sign up Form and all payments to 149 Strawberry Lane, Scottsville, KY 42164.